



Finlay Community School

CHF Community Federation

Executive Headteacher: Mrs Rachel Lane

Head of School: Mrs Hannah Williams

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Tuesday 5th October 2021

#HelloYellow

Dear Parents/Carers,

On Friday 8th October 2021, we are celebrating Hello Yellow Day! Yellow Day is all about showing young people that they're not alone with their mental health. The children can come to school wearing anything yellow- they can wear anything from a whole yellow outfit to just a yellow accessory! There are no donations required to take part.

The children will take part in lots of lovely activities throughout the day linked to mental health and well-being. Examples of this include; mindfulness colouring, board games, breathing exercises, listening to calm music, painting, singing and playing active games outside. The children will decide in class which activity they would like to do.

We thank you in advance for your support.

Many thanks

Zaynab Moosa
(Year 3- Class Teacher)

**I'M WEARING A
LITTLE YELLOW**
to school for YoungMinds

8 October 2021

#HelloYellow